

The newly expanded  
Mangat Plastic  
Surgery Center in  
Vail, Colorado



To Dr. Mangat, health, wellness and appearance is an inside-out equation. A vibrant, healthy image reflects a balance between the demands of our work, family and our individual physical and emotional needs. Cosmetic surgery cannot correct a chronic imbalance; it can however, enhance and prolong the vital image of mature individuals.

Moreover, Facial Plastic surgery can often correct facial and body asymmetries that result from accidents, illness or genetic predisposition. "There are so many simple and minimally invasive procedures that can greatly improve the quality of life, that were not available even 10 years ago. My role as a physician is to help people assess the opportunities available to them now and into the future." One just needs to be around Dr. Mangat for a short time to understand he practices what he preaches. His calm, poised and assured manner on the outside is a reflection of his personal dedication to good nutrition, exercise and stress relief. A veteran of having run 18 marathons, an avid cyclist, mountain climber and skier, Dr. Mangat believes in the need for a sound body that compliments a sound mind. He values the deep emotional bonds of family, friends and the stimulation and reward of work. It is the result of a simple yet powerful lesson learned years ago in Kenya - whatever you choose to do, do your best.

*"There are so many simple and minimally invasive procedures that can greatly improve the quality of life that were not available even five years ago."*

For 14 years running, Dr. Mangat has been recognized by his peers and selected to "Best Doctors of America," a list that is compiled when doctors are asked who they would refer their family member or loved one to if they needed a particular medical specialist. For longer than 15 years, Dr. Mangat has been selected to Top Doctors in Cincinnati giving him an unequalled distinction in the field of Facial Plastic & Reconstructive Surgery.

**Professional Associations:**

- Past President, American Academy of Facial & Reconstructive Surgery
- Past President, American Board of Facial & Reconstructive Surgery
- Fellow, American College of Surgeons
- Fellow, American Academy of Facial & Reconstructive Surgery
- Board Certified, American Board of Facial Plastic and Reconstructive Surgery
- Board Certified, American Board of Otolaryngology
- Professor for Facial Plastic Surgery, Department of Otolaryngology
- Head & Neck Surgery, University of Cincinnati Medical Center
- Examiner ABFPRS
- Surgery Team Leader, Horizon Community Church's Belize Mission

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[www.renewyourlooks.com](http://www.renewyourlooks.com)



**PROFESSIONAL  
PROFILE:**

**Dr. Devinder S. Mangat**

**Past President of the  
American Board and  
American Academy  
of Facial Plastic &  
Reconstructive  
Surgery**

*"My goal is that each patient  
achieve a refreshed, natural  
look that is part of a positive  
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transformation."*

*Dr. Devinder S. Mangat*



**MANGAT-KUY-HOLZAPFEL  
PLASTIC SURGERY CENTERS**

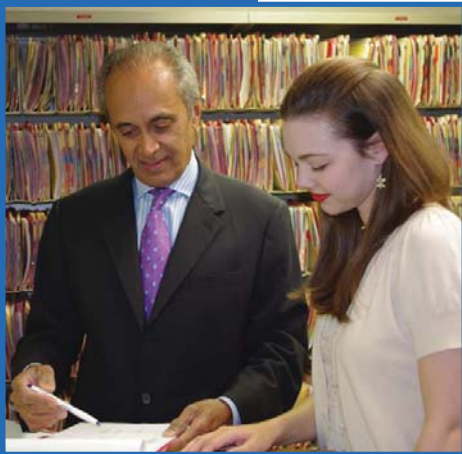
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*"My role as a physician is to help people assess the opportunities available to them now and into the future"*

*Dr. Devinder S. Mangat*



*Dr. Mangat consults with every patient to understand their goals and aspirations.*



*The highest level of patient care and comfort is the goal of Dr. Mangat's staff*

To those who persevere, there are fruits to be enjoyed after years of work, study, and discipline. The fruits of a successful medical practice are not only the recognition by your peers, but also the heartfelt appreciation of thousands of patients. To Dr. Devinder S. Mangat founder of Mangat-Kuy-Holzzapfel Plastic Surgery Centers and President of the Mangat Plastic Surgery Center, Vail, Colorado, the greatest fruit, is to share with his patients and colleagues, his experience and his sound professional judgment. "My goal is that each patient achieve a refreshed, natural look that is part of a positive personal and emotional transformation. Good judgment is more than creating and communicating the physical expectations. Good judgment is enabling a patient to feel confident that this is, or is not, the right time for their personal transition."

**"My experience is in helping patients see the connection of their physical and emotional health, to their external appearance, physical vitality, and the aging process."**

The journey to become the recognized leader of his profession began years ago in Nairobi, Kenya. Dr. Mangat's story is both an American story and a larger global success story. His parents emigrated from India to East Africa to help build and operate the British railway system in Kenya. Like many success stories, Dr. Mangat's begins with the love, support and determination of his parents. "In our family, we were always challenged to be the best at whatever we chose to do. If it's sports or music or school, then play or practice or study to your personal best." It was a simple but powerful lesson. Dr. Mangat excelled in his school studies, and

when it came time to graduate from high school, he secretly researched, saved money and applied to American universities to receive, what he perceived to be, the best education. Only when he had acceptance letters from several American universities, did he tell his parents of his plans; shock and disbelief gradually gave way to acceptance. "When you are 18 and emigrate to another country, it's more naivety than courage. When you are the parents of that 18 year old, who themselves emigrated at that age, it is more courage than naivety. I am indebted to my parents for the confidence and support."

As Dr. Mangat's study and practice of medicine evolved, he became aware that his gift of dexterity, to execute precise surgical procedures, and his emotional connection with patients, were a perfect compliment to his aesthetic appreciation of the human face and form. "My experience is in helping my patients see the connection of their physical and emotional health to its external manifestations of skin tone, physical vitality, personal appearance and the aging process."

The average life expectancy in the United States has increased by nearly 15 years since the 1950s, a profound medical phenomenon. "As a leader in my medical specialty, the public health implications are two fold. First, we need to help one's appearance be a more accurate reflection of their physical vitality while maintaining a "natural" look. Second, we need to educate young people to realize that good nutrition and preventive skin care are vitally important to achieve adequate physical and emotional health."

As the demand for cosmetic surgery increases, the Plastic Surgery profession is entering a new era of providing effective and at times, less invasive procedures as well as beneficial products and services. Dr. Mangat is both a clinical innovator and, as the Past President of his national medical specialty society, he is a public voice of the revolution. His role as an innovator has included not only new creative surgical procedures, but also the introduction to the specialty of Plastic Surgery, new devices and products that enhance facial appearance. Yet at its very basis, a medical practice is a one-on-one conversation between patient and physician. "Men and women share with me their aspirations, their concerns - I share with them, my judgment, my skills and my pledge that my staff and I will provide the highest level of care and service."

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*The Mangat-Kuy-Holzzapfel Plastic Surgery Center in Edgewood, Kentucky, provides out-patient services and discreet, medically staffed overnight recovery rooms.*

